## **Reflection Questions:**

Read Isaiah 49:1-2. What does it mean that God knows us? That God calls us? What does that say about God?
How do you receive God knowing you? How do you resist it?

3. Read John 1:35-39. How can you view your day(s) through this lens, "Come, and you will see"? What does it look like, practically, for you to "spend the day with Jesus"?

4. Read/refer to Ps. 40:9-10 and John 1:40-41. How does 'proclamation' - making Christ known - play out in your life?

## Practice for the Week:

Use Psalm 40:1-12 as a daily prayer. Bring the failures of the day to God - and receive what God has to say in response.