

Reflection Questions:

1. Which 'set of glasses' do you put on to 'see'/understand hope? How does this influence how you 'see' and interact with what is happening in the world around you?
2. What understanding(s) of strength do the metaphors of the stump and the shoot present? How does this shape your thoughts about what is 'strong'?
3. Read vs. 2. Here, the Spirit is firmly connected with elements of discernment. How do you practice discernment that leads to wisdom, understanding, counsel, and knowledge?
4. When do you find yourself operating with System 1 thinking? System 2? What does our 'response time' have to do with the Spirit resting on us?

Practice for the Week:

Each morning, read Isaiah 11:1-9. Symbolically, put on a 'pair of glasses.' At the end of the day, pray and reflect (with the Holy Spirit) where you lived out of System 1 and System 2 thinking. Give thanks. Receive grace. Repeat.