

Reflection Questions:

1. (How) have your thoughts changed or been shaped as we've talked about the wilderness experience? Is there one thing that speaks to your life today?
2. How/why is the desert a place to run to? What were the instances where Jesus sought out the wilderness?
3. What kind of place does the wilderness provide in our relationship with God? How does it/can it strengthen that relationship?
4. Respond/react to the idea of the goal of the wilderness being to learn to abide with God. What are some practical ways we can learn to abide?

Practice for the Week:

1. Little wildernesses - use the times in between things to abide in God.
2. Sustained wilderness - plan a sustained time to abide with God. Stretch yourself, but don't make it impossible.