

Reflection Questions:

1. What do you think about the distinction between struggle and wilderness?
2. Taking the next step can be challenging. How do you muster the courage to do so? Do you have a story about this?
3. There is a tension between "take control" and "open hands". Which do you most easily lean towards? What do you see as benefits and drawbacks?
4. Do you have nerve? How does it express itself? When do you need it? When is it lacking?