

Reflection questions:

1. What is the purpose of us 'testing' God? How is this different from the purposes of God 'testing' us?
2. Read Exodus 15:26. What is the relationship between obedience and healing? How does obedience bring about healing from the 'Egypt we've carried with us'?
3. What are the small steps of obedience you can take in your wilderness experience?

Practice for the Week:

If you're in a place of wilderness, overwhelmed by its vastness, pray and listen for *one small step* of obedience you can make. What is a small way you can trust God, and thus navigate your desert? Is there someone you can share this with?